

Family & Personal Issues Constellation Workshop

with

Marilene Metzler

Saturday 17 September 2022

1-6pm

Bagshot, Surrey

Rather than simply focusing on the individual in isolation, family constellations differ from other therapeutic approaches in that it explores each person's intrinsic place in the groups or 'systems' to which they belong. These 'systems' may be our current family, our family of origin, our workplace or even the culture or environment we live in.

Systemic Constellations can create a healing movement in personal issues such as:

- Symptoms and dis-ease
- Addictions and eating disorders
- Repeating life patterns of any kind
- Bereavement, adoption, abortion and infertility
- Relationship issues (with partners, siblings or parents)
- Unhappiness and ongoing emotional symptoms such as rage, anxiety, limitation, depression and lack of motivation

Furthermore, this workshop may be of interest to you, if

- have a symptom or personal issue (and who hasn't?) that you are open to seeing in a new light and creating an opportunity for it to change
- are interested in gaining a new perspective into feelings of wellbeing
- and dis-ease by looking at the hidden dynamics at play (you could be a therapist or an individual with an interest in this field)
- are open to experiencing life from someone else's point of view

This workshop provides an opportunity to explore your own issue in a safe, confidential and supportive environment and is open to anyone with an open heart and an interest in this work. Both as a representative and issue holder, deep insights and healing movements are possible during this workshop. This is a healing opportunity to experience the depth of this work for everyone present

Cost: £159 for issue holders (participants wishing to set up their own constellation)
£45 for representatives (people often gain big insights through representing)

For more information and to book a place, contact Marilene on:

07785 772 912 or marilene1@hotmail.co.uk