

INTRODUCTION to Family Constellations

SATURDAY 25th May 2019

10am – 6pm

with

Marilene Metzler

This day is aimed at giving an introduction to what lies behind the mystery of family constellations by exploring:

- 1. How is this approach different from other approaches** – what does phenomenological approach mean?
- 2. Introduction to the family system** – we all belong to our family system. Who belongs to it?
- 3. The importance of belonging** – why the need to belong to our family system is so important and why it runs much deeper than we are aware of - we cannot not belong.

The learning will happen through a mix of teaching, exercises and constellations

Who is this day for? Everyone who would like to learn about systemic family constellations in a small group setting is welcome

Venue: St. Anne's Church, 45 Church Road, Bagshot, Surrey GU19 5EQ

Cost: £75 early bird (until 1st April 2019) thereafter £99

About me:

Marilene Metzler has been involved in the field of systemic constellations for over 10 years and has trained extensively in this work as has Sandra Disteli (www.sandradisteli.ch) her co-creator.

Having benefitted hugely from this work themselves, Marilene and Sandra have developed a deep yearning to pass on their knowledge about this work. Together they are developing a training course in Family Constellations which will be available from 2020. In the meantime, Marilene is offering one day taster classes in Surrey for those who can't wait until then. Sandra will be offering a taster class in Switzerland in the autumn.

**For more information and to book a place contact Marilene on:
07785 772 912 or marilene1@hotmail.co.uk**

www.solutionsfocused.co.uk